



Thank You to the Men and Women in Uniform around the Globe!

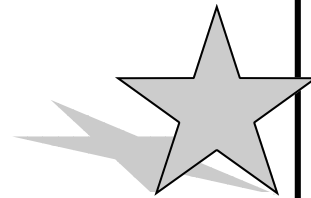
Your sacrifices have made it possible of us to pursue our dreams and ambitions.

With deepest gratitude and Love!

TaekwondoNetwork



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Kyle Lefever,  
We are proud of you. Keep up the good work.  
Harry, Marie & Yellets Family

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**2011**

# **BLACK BELT PROMOTIONS & TIGER TEAM EXHIBITION**

November 19, 2011

**Lancaster City  
Family YMCA**

265 Harrisburg Ave.  
Lancaster, PA

**3PM—6PM**



*Program:*

**Acknowledgements / Photos**  
**BLACK BELT PROMOTIONS / TIGER EXHIBITION**

*YMCA Executives*

Mr. Jeff Kenderdine  
(Lancaster YMCA, CEO)

Ms. Jessie Sands  
(Lancaster YMCA, Director of Operations)

*USA Program Director:*

Mrs. Judith Kirby

*USA Chief Instructor*

Master Steve Kirby

*Pennsylvania Instructors*

Master Gus Cuascut

Mr. Shawn Epling

Mrs. Jennifer Wick

Mr. Terry Wick

*Minnesota Instructors*

Mrs. Tina Kreger

*Pennsylvania Asst. Instructors*

Mr. Dorden Bivings

Ms. Francine Firestine

Mr. James Oplinger

Mr. Scott McQuaid

Mr. Chris Bosley

Mr. Kyle Lefever



USA National Taekwondo Network

**2011 Black Belt Class**

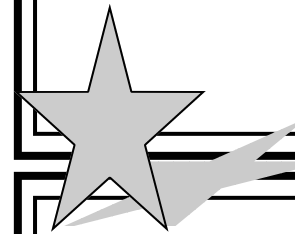


Faith,

You are an inspiration! Dad and I are so proud of all the things that you have accomplished.

Congratulations on your Black Belt.  
We Love You Sunshine!

Love, Mom & Dad



**2011 Black Belt Class**



Tyler,

*From the day you were born, we knew you would do great things. What an accomplishment! We are so proud of you! We love you so much!*

*Love, Dad, Mom, & Ethan*

*Why just survive, when you can thrive with Chiropractic!*



## 2011 Sam Dan



### Congratulations Kyle!

Well Kyle here we are another Demo and you son testing for you 3rd Dan. Dad and I are very proud of you. A lot of hard work done on your own. You and a DVD all 8 forms on your own you should be very proud of yourself.

Last 3 years we spent a lot of time together driving to Saturday class and different locations so you can take class and teach all for your 3rd Dan.

But most of all, we are proud of how many people you have helped by being there at classes and doing what you love most...Tae Kwon Do.

After Keystone games most kids your age would have stepped down after taking what you did. But not you son. You learned so much that day. When you went out on the floor to get your 3rd place medal you held your head high. You son would do it all over again in a heartbeat.

That is what makes you the person you are...a good one!

Keep up all your good work. You are on your way to bigger and better places.

We love you.  
Mom & Dad

## 2011 Black Belt Promotion Students

### 4th Dan

Master Augustine Cuascut

### 3rd Dan

Shawn David Epling

Kyle LeFever

### 2nd Dan

Nathan Edward Shunk

Trey Deleon

Joaquin Muriel

### 1st Dan

Lauren Allison Atland

Alexander John Goss

Laura Diaz-Muriel

Owen James Barr

Julia Marie Hagen

Lindsay Allyson Myers

Essence Bryson

Cole Jay Harris

Exavier Robert Prudhomme

Brett David Cassady

Austin Dean Henzi

Indya Jazmyn Richardson

Julianne Marie Cassady

Charity Ann Hess

Cassandra Elizabeth Sanchez

James Dakota Christ

Joseph Patrick Hogan

Sarah Lynn Scarpato

Zoe Tong Calon

Bradley Scott Keels

Matthew Danial Shelly

Gabriella Nicole Cuascut

Joel Scott Keels

John Michael Shue

Lucy Apple Curran

Austin Chase Kutcher

Robert Edward Shue

Tyler Steven Deardorf

Faith Landis

Alivia Spagnola

Darrion Deleon

Riley Nicole Linsenbigler

Tracy Lynn Strayer

Jesse Scott Epling

Kamryn Elena Linsenbigler

Arron Tracy Strayer

Tyler Evans

Elizabeth Lucabaugh

Kevin Tu

Cameron David Feeser

Sarah Lucabaugh

Orlando Vasquez Jr.

Caitlyn Makayla Frantz

Tara Lynn McQuaid

Jaidyn Marie Weaver

Lillian Grace Yanick

Garrett Lee Zeigler

Karen Elaine Weaver

# 2011 TaekwondoNetwork

## TIGER TEAM

In the tradition of the Korean Tigers Hodori Team

Owen Barr	Master Gus Cuascut
Chris Cuascut	Shane McQuaid
Trey Deleon	James Oplinger
Jesse Epling	Dillon Repsch
Josh Epling	Alex Serrano
Shawn Epling	Mathew Shore
Cameron Feeser	Nathan Shunk
Caitlyn Franz	Franklin Slenker
Andrew Hess	Keenan Slenker
Philip Hess	Kevin Tu
Tim Hess	Orlando Vasquez
Patrick Hogan	Ryan Walburn
Bradley Keels	Jennifer Wick
Austin Kutcher	Terry Wick
Kyle LeFever	Ben Yanick
Kenny Leshar	Walter Repsch
	(Team Mascot)

태권도

2011 Black Belt Class

## Congratulations Charity!

TKD has helped you in so many ways. You went from a scared little girl (afraid to even go into class) to a fearless girl who is not afraid to do or try anything!

We are so proud of you!

Love, Mom and Dad



## Congratulations to our little sister!

Congrats Charity! I'm so happy that you stuck to it and achieved your blackbelt! ~ Tim



Way to go Charity! You did it! ~ Andrew

Congratulations Charity! I'm glad you finally got your black belt! ~ Philip

Congratulations to all the students testing this year.

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2011 Black Belt Class



## Congratulations Julia Hagen!



*"...the one quality all successful people have is persistence. They're willing to spend more time accomplishing a task and to persevere in the face of many difficult odds. There's a very positive relationship between people's ability to accomplish any task and the time they're willing to spend on it."*

*-- Dr. Joyce Brothers*

We are very proud of your persistence and you earning your Black Belt. It is a well deserved accomplishment.

We love you so much,

Mom, Larr-larr, Amma, Afi, Aunt Donna, Uncle Ian, Riley, Oliver, Saraphena, and Stella

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Dear Friends

I would like to take the opportunity to welcome all our honored guests, The YMCA's of Central Pennsylvania, Families, Students, and Friends in the 2011 Black Belt Promotions and Tigers Demo. Your Help and Support have made this years event a special one.

I am very proud of all our students and especially those who are participating in this years testing and Exhibition. Their dedication and loyalty have strengthened the bond we share, and they are an asset to the art of Taekwondo. I wish to thank anyone who has participated.

Lastly, I would like to take the opportunity to wish the students who are testing for black belt and advanced degrees this year...best wishes to you. You have proved with your hard work and self-discipline that you are worthy of the belts you have earned.

Again, thanks to all!

Sincerely,

The Kirby Family



Son Scott, Master Kirby, Son Chris, Mrs Judith Kirby

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**2011 Black Belt Class**



Lilly -  
You have worked so hard for your Black Belt, staying with it through it all. We could not be more proud of your accomplishment, your determination and dedication.

We could not be more proud of you!  
You amaze us!  
We love you!

Mom, Dad and Ben

**2011 Black Belt Class**

*Congratulations Julianne!*



*You've earned your Black Belt!*

*What a great accomplishment!*

*We are so very proud of you!*

*With Love, Mom and Dad*

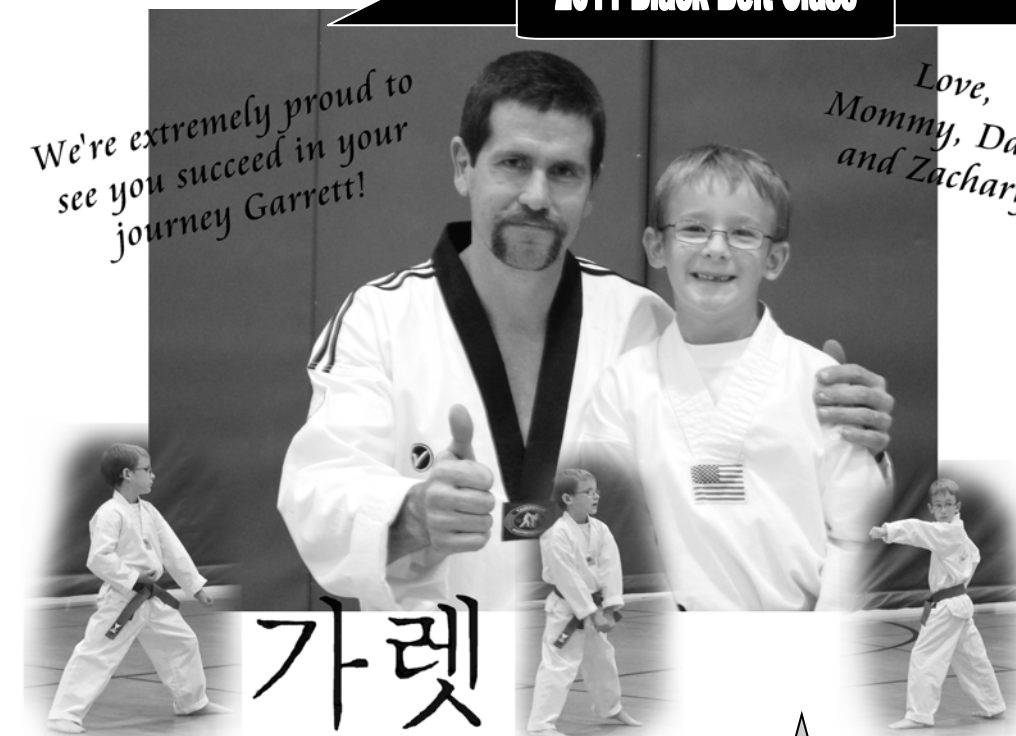
**2011 Black Belt Class**



**"Congratulations Lucy"**  
We are so proud of your accomplishment!  
Daddy, Mommy, Jessica, Annabel and Cassandra

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**2011 Black Belt Class**



*We're extremely proud to see you succeed in your journey Garrett!*

*Love, Mommy, Dad, and Zachary*

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